Introduction to Wilderness Leadership

NRM 161- Introduction to Wilderness Leadership 3 Credits Instructors- Frank Olive folive@alaska.edu 474-6027 Outdoor Adventures Office in the SRC Office hours: Thursday 3:45-5pm <u>NRM 161 is in person and in the field</u> Classroom: 2-3:30pm 8/24-11/19 Classroom: Brooks 104B Field Session: 9/12-13, 10/3-4, 10/17

Instruction Methods

Students will be challenged to think outside the box and break old habits since there is a large difference between recreational activities and institutional outdoor instruction. This course will combine lecture, group discussions, and hands on activity that will allow us all to learn from each other. This shared learning experience will often require the student to lead the discussion or teach a topic based on their experience. Students will also have the opportunity to grow and learn through a series of challenging experiences in the field. Students should come to class prepared to work, discuss, move around and be outside.

Assignment Explanations

Attendance and Participation (100 points) Students are required to show up to class on time and ready to participate in the dynamic lessons being taught each day. Because each piece of information is crucial to a in person class period and to keep

up on the digital learning for the course.

Paper 1 Risk Management (100 points) *DUE September 24th

sessions the student leaders will be expected to lead or participate in a pre-trip meeting before the trip as well as doing the trip preparations on the Friday before the trip.

Final and 1 Quiz (100+50=150 total)

Quiz 1 will be the concepts discussed in the first half of the class and the Final will be on the concepts discussed in the second half of the class.

Grading Policy

NRM 161 is worth 3 credits and each student will be assigned a letter grade.

A = 90+					
B = 80	89				
C = 70	79				
D = 60	69				
F = Below 60					
Attendance and Participation		100			
Paper 1		100			
Paper 2		100			
Quiz 1		50			
Field Experience		300			
Final		<u>100</u>			
Total		750 possible points			

Plagiarism and Citation

Honesty is a primary responsibility of you and every other UAF student. The following are common guidelines regarding academic integrity:

Grading Rubric for each Field Experience NRM 161

Total of 100 points

Trip Preparation 25% Field Scenarios (navigation, campsite selection, route finding, etc.) 25% Self-leadership and situational awareness 25% Participation in the expedition experience 25%

Grading Rubric for Introduction to Wilderness Leadership Field Experience25pts (Excellent)20pts (Good)15 pts (Fair)

0-10pts (Poor)

	50pts (Excellent)	40pts (Good)	30 pts (Fair)	0-20pts (Poor)	
Attendance and Participation	Student attends all class sessions. The students is engaged in the class, shows active listening, and contributes meaningfully to the class discussion with relevant comments.	The student attends all or almost all of the class sessions. They are engaged most of the time and make an effort to contribute to the class discussions.	The student misses several class sessions. They show some engagement and contribute occasionally to the class discussions	The student misses quite a few classes. They show little engagement, sleep in class, are distracted by their technology and don't contribute to the class	

Grading Rubric for Attendance, Participation, Homework-100pts possible

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mandates and are subject to disciplinary actions if they do not comply.

Course Schedule-

Tuesday August 25th - ONLINE

- 1. Oothing Presentation and Demo
- 2. Hypothermia and cold weather injury presentation
- 3. Homework- Read Kosseff Chapters 1-2
- 4. <u>Homework</u>- Make a list of your goals for the course to discuss in class

Thursday August 27th- IN PERSON

- 1. Introduction to the course, including the goals of the course
- 2. Meet the class members
- 3. Look over dates and course syllabus
- 4. Why are you here? Group discussion of personal course goals
- 5. Leadership
- 6. Caring Leadership
- 7. Homework-Read Kosseff Chapters 3-4

Tuesday September 1st- ONLINE

- 1. Tents and stoves
- 2. Food and Fuel
- 3. Homework-Read Kosseff Chapter 5

Thursday September 3rd - IN PERSON

1. Hands on stoves and tents-

Sat-Sun September 12th-13th- FIELD TRIP

- 1. First Field Session-Likely Chena Rec Area backpacking trip
- 2. M.ELO.N.
- 3. Overnight backpacking
- 4. Navigation
- 5. LNT
- 6. Menu Planning
- 7. Emergency Plan and equipment

Tuesday September 15th- ONLINE

- 1. Expedition Behavior
- 2. <u>Homework-</u> Read Kosseff Chapters 11-12

Thursday September 17th- IN PERSON

- 1. Trip Debrief
 - a. Trip reflections
 - b. Lessons learned
- 2. Navigation
- 3. <u>Homework</u>- Read Kosseff Chapter 6

Tuesday September 22nd- ONLINE

- 1. Decision Making
- 2. <u>Homework</u>- Finish paper

Thursday September 24^{th-} IN PERSON

- 1. FIRST PAPER DUE
- 2. Teaching
- 3. Facilitation
- 4. Experiential learning
- 5. Lesson plans
- 6. <u>Homework</u>-Read Kosseff Chapter 10

Tuesday September 29th- ONLINE

- 1. Communication
- 2. <u>Homework</u>- Read Kosseff Chapter 13
- 3. <u>Homework</u>- Pre-trip meeting plan for student trip leaders

Thursday October 1st- IN PERSON@ Outdoor Adventures

- 1. Trip Prep
- 2. Student Lead Pre-trip Meeting

Sat-Sun October 3rd-4th FIELD TRIP

- 1. Backpacking trip to White Mountains
- 2. Trip that is led by half the students from IWL

Tuesday October 6th-